Boating, Water & Summer Safety Tips

Presented by:
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Boating & Water Safety Tips

- Carbon monoxide (CO) poisoning
- Back yard safety & swimming pools
- Swift and slow moving water
- Boats and open water
Boating & Water Safety Tips

Life Jackets

• Must be U.S. Coast Guard approved
• Worn to the design specifications of the manufacturer
• Be in serviceable (good) condition
LIFE JACKETS

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LIFE JACKETS

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Carbon monoxide

- At 50 - 60%
  - Coma
  - And
  - Death
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Carbon monoxide

- Displaces oxygen in the blood
- Can’t see it, taste it or smell it
- Multiple exposure . . .
- Symptoms = nausea, dizziness
CO: 1 typical boat engine = ??? cars

There's no catalytic converter on boat engines!

Calculations by Paul Roberts, Sonoma Technology Inc.
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Carbon monoxide

• Stay off the stern (back)
• Other boats can affect you!
• May not even be aware of exposure
• Fresh air immediately if feeling bad!
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Swift & slow moving water

- Rivers and tubing
  - Stay with friends, look before jumping!
  - Don’t venture out alone
  - If you can’t swim – keep something with you that will float!

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Boats and open water

• Wear a life jacket!
• Take a boating education course
• Have the boat inspected / checked
• Don’t drink alcohol or use drugs
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Boats and open water

• Always have someone with you
• Watch each other when swimming
• Wear a life jacket
• Drink plenty of water
• Listen to that *little voice* inside!

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Backyard pool safety

- ABCs
  - Adult supervision
  - Barriers
  - CPR

- Other issues
  - Grilling
  - WATER!
  - Sunscreen
  - Fireworks
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Questions?

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• Are you a friend?
• Are you a parent?
• Are you a sister, brother, cousin?
• We need you in our community!
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MAKE THEM PROMISE!

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Additional resources to review:

• uscgboating.org
• wlf.louisiana.gov/boating
• safeboatingcouncil.org
• ndpa.org